

Are you continuing to experience symptoms after Covid-19?



After Covid-19 infection, many people will hopefully make a full recovery. However, others can experience longer lasting, debilitating symptoms that can be due to Long Covid.



ABOUT US

At Long Covid Support we provide support and information to those living with Long Covid, and their carers, as well as to other people including employers, healthcare providers and researchers.

Common Long Covid symptoms can include:

- Debilitating fatigue
- Fast heart rate
- Breathlessness
- Headaches
- Difficulty sleeping
- Joint pain
- Upset stomach
- Hair loss
- Symptoms worsening after activity
- Difficulty concentrating or remembering
- Muscle weakness
- Menstrual cycle disruption
- Erectile dysfunction
- Dizziness
- Anxiety or Depression
- Changes to smell or taste

Visit our website for more information, including:



Our on-line peer support groups



Symptom information



Returning to work



Long Covid research



Advice for medical appointments



Claiming benefits

www.longcovid.org

Long Covid Support

Support ● Research ● Advocacy ● Education



Website



Donate

Long Covid Support is a registered charity in England and Wales (1198938)